

## JULY RIDES

**Thursday, June 25**      **4/T/35**

### **Thursday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Thursday, June 25**      **2/L to S/12**

### **Cull Canyon Training Ride (NO RIDE LEADER)**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Saturday, June 27**

### **Best of the Bay (Big Bad Bob) (CANCELLED)**

Volunteer to help out at our signature fundraising ride.

**Saturday June 27, 3/T/50**

### **Giro di Peninsula**

#### **8:00 A.M. – Registration Table**

This is an organized century ride that winds around the peninsula, through Portola Valley, Sand Hill Road, Whiskey Hill Road, Canada Road, etc. It offers 5 different routes from 30K to 100 miles. We will be riding the 70K (50 mile) route. The ride starts and ends at the San Mateo County Event Center (next to the former Bay Meadows Race Track) in San Mateo. Directions, registration info, etc., can be found on the web site: <http://www.festafoundation.org/giro.html>. Those who want to do the longer routes can leave earlier, but we will meet at the registration area at 8:00 a.m. and depart at 8:15 a.m. This ride features some of the best post-ride food (salad, pasta and Italian sausages) that you will ever encounter on a century ride.

**Contact:** Mike Lynch at [lynchmf1@comcast.net](mailto:lynchmf1@comcast.net) or cell phone 510-209-0386.

**Saturday, June 27** ???/??/??

**Show & Go**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8 A.M. Route, distance and pace will be determined at the time by the group. Bring water, snack and \$. Rain Cancels.

**Saturday, June 27** 1/T/24

**Every Saturday Ride - San Leandro to Alameda**

Meet at 8:15 A.M. in the parking lot near PetsMart in the southwest corner of the Bayfair Shopping Center (Hesperian Blvd. & Fairmont Dr. in San Leandro). The ride departs at 8:30 A.M. This is 24 mile flat, leisurely ride that is suitable for beginners. It takes us by the Oakland Airport and along the San Francisco Bay to Alameda where we stop for coffee and snacks. Great skyline views of San Francisco can often be seen from the waterfront. The return trip is much the same with some minor variations. Bring \$ for coffee and snacks. Rain cancels.

**Contact:** Mike Lynch at 510-889-0952 or [lynchmf1@comcast.net](mailto:lynchmf1@comcast.net)

**Tuesday, June 30** 4/T/35

**Tuesday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Tuesday, June 30** 2/L to S/12

**Cull Canyon Training Ride (NO RIDE LEADER)**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Thursday, July 2 4/T/35**

**Thursday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

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**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Saturday, July 4 ???/??/??**

**Show & Go**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8 A.M. Route, distance and pace will be determined at the time by the group. Bring water, snack and \$. Rain Cancels.

**Saturday, July 4 1/T/24**

**Every Saturday Ride - San Leandro to Alameda**

Meet at 8:15 A.M. in the parking lot near PetsMart in the southwest corner of the Bayfair Shopping Center (Hesperian Blvd. & Fairmont Dr. in San Leandro). The ride departs at 8:30 A.M. This is 24 mile flat, leisurely ride that is suitable for beginners. It takes us by the Oakland Airport and along the San Francisco Bay to Alameda where we stop for coffee and snacks. Great skyline views of San Francisco can often be seen from the waterfront. The return trip is much the same with some minor variations. Bring \$ for coffee and snacks. Rain cancels.

**Contact:** Mike Lynch at 510-889-0952 or [lynchmf1@comcast.net](mailto:lynchmf1@comcast.net)

**Sunday, July 5 3/T/38****Extended Foot of Mt. Diablo Loop**

Meet at 8:15 A.M. in the center of the parking lot in front of Livermore Cyclery in Dublin (S/W corner of Amador Valley Blvd and San Ramon Road) – ride departs at 8:30 A.M. The ride will go along San Ramon Road to Sycamore Valley Road, Blackhawk, through the town of Diablo, Green Valley Road, Stone Valley Road, through Round Hill Country Club, Miranda Avenue, Livorna Road, Danville Blvd, San Ramon Valley Blvd, and back on San Ramon Road. Bring \$ for coffee/snacks. Approx. 1,400 feet of climbing. Rain cancels.

**Contact:** Mike Lynch at 510-889-0952 or [lynchmf1@comcast.net](mailto:lynchmf1@comcast.net)

**Tuesday, July 7 4/T/35****Tuesday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Tuesday, July 7 2/L to S/12****Cull Canyon Training Ride**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Thursday, July 9 4/T/35****Thursday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Thursday, July 9 2/L to S/12**

**Cull Canyon Training Ride**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Saturday, July 11 ???/??/??**

**Show & Go**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8 A.M. Route, distance and pace will be determined at the time by the group. Bring water, snack and \$. Rain Cancels.

**Saturday, July 11 1/T/24**

**Every Saturday Ride - San Leandro to Alameda**

Meet at 8:15 A.M. in the parking lot near PetsMart in the southwest corner of the Bayfair Shopping Center (Hesperian Blvd. & Fairmont Dr. in San Leandro). The ride departs at 8:30 A.M. This is 24 mile flat, leisurely ride that is suitable for beginners. It takes us by the Oakland Airport and along the San Francisco Bay to Alameda where we stop for coffee and snacks. Great skyline views of San Francisco can often be seen from the waterfront. The return trip is much the same with some minor variations. Bring \$ for coffee and snacks. Rain cancels.

**Contact:** Mike Lynch at 510-889-0952 or [lynchmf1@comcast.net](mailto:lynchmf1@comcast.net)

**Sunday, July 12 1 or 3/L or S/30 or 50**

**Ride Series #6- Meet & Greet (Sunol)**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8:00 A.M. The group rolls out together, splits into groups, heads over to Pleasanton via the Dublin Grade. The short route goes to Panera Bread Bakery in Dublin. The long route goes to the Jazz Café in Sunol. Download **"Route Sheet 200906"** at [www.cherrycitycyclists.org](http://www.cherrycitycyclists.org). Bring water, snack and \$.

**Contact:** Michael Jay 510-652-0919 or [mjaylocation@yahoo.com](mailto:mjaylocation@yahoo.com)

**Tuesday, July 14 4/T/35****Tuesday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Tuesday, July 14 2/L to S/12****Cull Canyon Training Ride**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Thursday, July 16 4/T/35****Thursday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Thursday, July 16 2/L to S/12****Cull Canyon Training Ride**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Saturday July 18, 2/S/62**

**Windmill Century**

**7:30 A.M. – Registration Table**

This is a beautiful metric (or full 100 mile if you choose) century through the vineyards and valleys of northern Santa Barbara County. This is an amazing course as it contains an unbelievable amount of downhill. There is only 2,000 feet of climbing in the metric century. Join us for the metric century by meeting at the registration tables at Pioneer Park in Santa Maria, CA at 7:30 A.M. Route information, directions, registration, and everything you need to know is located on the Tailwinds Bike Club web site at <http://tailwindsofsantamariabc.org/windmill.htm>. Register now as the ride is limited to 500 riders. Santa Maria is 263 miles south of San Francisco (about a 4.5 hour drive on Hwy 101).

**Contact:** Mike Lynch, [lynchmf1@comcast.net](mailto:lynchmf1@comcast.net) or cell 510-209-0386.

**Sunday, July 19 3/L or S/30 or 50**

**Ride Series #1 - Hills**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8:00 am. The gang will roll out together than split into groups. Route goes up Redwood Road to Skyline. The short ride turns left on Skyline and returns to San Leandro. Long ride turns right on Skyline to Claremont Blvd. and back through Montclair. Download **“Route sheet 200901”** at [www.cherrycitycyclists.org](http://www.cherrycitycyclists.org)

Bring water, snack and \$.

**Contact:** Steve Yoder 510-357-1769 [steve@slcsoftware.com](mailto:steve@slcsoftware.com)

**Tuesday, July 21 4/T/35**

**Tuesday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Tuesday, July 21 2/L to S/12**

**Cull Canyon Training Ride**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Thursday, July 23 4/T/35**

**Thursday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Thursday, July 23 2/L to S/12**

**Cull Canyon Training Ride**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Saturday, July 25 1/L to S/30 or 50**

**Ride Series #2 – Flat (Point Richmond)**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8:00 am. We roll together than split into groups. Short route goes to Harbor Bay Island/Alameda and returns to San Leandro. Long ride breaks in Oakland and continues north along the shoreline to Pt. Richmond and back. Download [“Route Sheet 200902”](#) at

[www.cherrycitycyclists.org](http://www.cherrycitycyclists.org)

Bring water, snack and \$.

**Saturday, July 25 11/11/09**

**Show & Go**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8 A.M. Route, distance and pace will be determined at the time by the group. Bring water, snack and \$. Rain Cancels.

**Saturday, July 25 1/T/24**

**Every Saturday Ride - San Leandro to Alameda**

Meet at 8:15 A.M. in the parking lot near PetsMart in the southwest corner of the Bayfair Shopping Center (Hesperian Blvd. & Fairmont Dr. in San Leandro). The ride departs at 8:30 A.M. This is 24 mile flat, leisurely ride that is suitable for beginners. It takes us by the Oakland Airport and along the San Francisco Bay to Alameda where we stop for coffee and snacks. Great skyline views of San Francisco can often be seen from the waterfront. The return trip is much the same with some minor variations. Bring \$ for coffee and snacks. Rain cancels.

**Contact:** Mike Lynch at 510-889-0952 or [lynchmf1@comcast.net](mailto:lynchmf1@comcast.net)

**Sunday, July 26 3/S/50**

**Poker Ride**

Join us for a 50 mile mystery ride with a twist!! The ride route covers popular roads throughout the East Bay including 2 canyon climbs, 3 straight-a-ways and sections of meandering rollers. Meet at Gil & Cheryl's house at 7:45 A.M. to collect your 1st card. Ride rolls at 8:00 A.M. SHARP. Each rider will be given the chance to draw an additional poker card at each of the 3 regroupings as well a final card at the end of the ride. Prizes will be awarded and lunch will be served at the end of the ride.

Please **RSVP** for the ride & lunch by Thursday July 23, 2009

**Contact:** Gil & Cheryl Hopkins (510) 538-5332

**Tuesday, July 28 4/T/35**

**Tuesday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

**Contact:** Bill Carcot 510-278-9006 or [bcarcot@sbcglobal.net](mailto:bcarcot@sbcglobal.net)

**Tuesday, July 28 2/L to S/12****Cull Canyon Training Ride**

This is a short ride – 12 miles – but there is 500 ft of elevation gain on the way in. Once you turn around you have the option of practicing pace-lining (if there are enough riders) or traveling at faster speeds and improving bike handling through the curvy course. Once you add these weekly rides to your schedule you will see marked improvement on your weekend rides. Meet at 5:45 P.M., ride leaves 6 P.M. sharp in the upper parking lot at Cull Canyon Park. This is a left turn into staging area from Cull Canyon Rd. in Castro Valley. Rain cancels.

**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Thursday, July 30 4/T/35****Thursday Morning Coffee Ride**

Meet on the east side of the Rite-Aid Store parking lot, at 3848 Castro Valley Blvd. in Castro Valley. The ride is around 35 miles in length with 2,800 ft. of climbing, and usually has a coffee stop in Moraga or Montclair. Show up at 8:20 A.M. as the ride leaves promptly at 8:30 A.M. Non-club riders are welcome to join us! Bring \$ for coffee/eats. We arrive back at the start between 11:30 A.M. and 12 noon. Rain cancels.

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**Contact:** Eva Fallis 510-881-6640 or [emfallis82@yahoo.com](mailto:emfallis82@yahoo.com)

**Saturday, August 1 ???/??/??****Show & Go**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8 A.M. Route, distance and pace will be determined at the time by the group. Bring water, snack and \$. Rain Cancels.

**Saturday, August 1 1/T/24**

**Every Saturday Ride - San Leandro to Alameda**

Meet at 8:15 A.M. in the parking lot near PetsMart in the southwest corner of the Bayfair Shopping Center (Hesperian Blvd. & Fairmont Dr. in San Leandro). The ride departs at 8:30 A.M. This is 24 mile flat, leisurely ride that is suitable for beginners. It takes us by the Oakland Airport and along the San Francisco Bay to Alameda where we stop for coffee and snacks. Great skyline views of San Francisco can often be seen from the waterfront. The return trip is much the same with some minor variations. Bring \$ for coffee and snacks. Rain cancels.

**Contact:** Mike Lynch at 510-889-0952 or [lynchmf1@comcast.net](mailto:lynchmf1@comcast.net)

**Sunday, August 2 1 or 3/L or S/ 30 or 43**

**Ride Series #3- Meet & Greet (Mission Coffee)**

Meet at 7:45 A.M. at the Bay Fair Shopping Center parking lot near PetsMart, just off Hesperian Blvd. Ride leaves at 8:00 am. The group rolls out together, splits into groups, heads south. Short ride breaks at Niles and returns back to San Leandro. Long ride breaks at Mission Coffee and returns on Palomares.

Download **"Route Sheet 200903"** at [www.cherrycitycyclists.org](http://www.cherrycitycyclists.org).

Bring water, snack and \$.