

August RIDES

Saturday, July 31 4/60/T

Mines Road Ride

Join Michael out on Mines Rd. in Livermore to the Junction Cafe and back. 3,400 feet total climbing and hopefully good weather. We'll leave from the Livermore Library, 1188 S. Livermore Ave., at 9:00 A.M. and ride to the Junction Cafe. Rain cancels. Bring money or snack and water.

Contact: Michael Jay at 510-652-0919 or mjaylocation@yahoo.com

Thursday, August 5 2/L-S/12

Cull Canyon Training Ride

Meet at Cull Canyon Park Parking lot at 5:45 P.M. Ride starts promptly at 6:00 P.M. This is a mid-week training ride. You can take it easy or work hard. It is an out and back ride so you can't get lost. There is the potential to perfect your pacelining skills on the way back.

Contact: Eva Fallis 510-881-6640 or emfallis82@yahoo.com

Saturday, Aug. 7 4/45/T

Nine Cities Ride

Meet at 8:45 am at Castro Valley High School in Castro Valley and leaving at 9:00 am. We'll ride into eight other cities, Moraga, Lafayette, Walnut Creek, Danville, Alamo, San Ramon, Pleasanton, and Dublin . Rain cancels. Bring money or snack and water.

Contact: Michael Jay at 510-652-0919 or mjaylocation@yahoo.com

Thursday, August 12 2/L-S/12

Cull Canyon Training Ride

Meet at Cull Canyon Park Parking lot at 5:45 P.M. Ride starts promptly at 6:00 P.M. This is a mid-week training ride. You can take it easy or work hard. It is an out and back ride so you can't get lost. There is the potential to perfect your pacelining skills on the way back.

Contact: Eva Fallis 510-881-6640 or emfallis82@yahoo.com

Saturday, August 14 5/T-S/approx. 70

Mikey's Mighty Mountain Loop

Ol' Masochistic Mikey's at it again! We leave Dublin/Pleasanton BART at 8:00 AM, take Dougherty to Blackhawk and then go all the way up Mount Diablo, down North Gate Road into Walnut Creek, and then over to Lafayette and Moraga. Then it will be Canyon Road/Pinehurst/Redwood Road to Castro Valley, followed by the Dublin Grade back to Pleasanton. Road purists beware: we'll be using bike trails to get through Walnut Creek and Lamorinda. MapMyRide.com says the ride has about 5300 feet of climbing.

Bring water, snack, \$ for BART and food. Rain cancels.

Contact: Mike Nagorka at mnagorka@aol.com

Thursday, August 19 2/L-S/12

Cull Canyon Training Ride

Meet at Cull Canyon Park Parking lot at 5:45 P.M. Ride starts promptly at 6:00 P.M. This is a mid-week training ride. You can take it easy or work hard. It is an out and back ride so you can't get lost. There is the potential to perfect your pacelining skills on the way back.

Contact: Eva Fallis 510-881-6640 or emfallis82@yahoo.com

Sunday, August 22 5/T/75+

Stephanie's Birthday Poker Ride

Join Stephanie to celebrate her birthday, burn a few calories and play a card game. Meet at Gil & Cheryl's at 7:30a.m., we roll at 8:00 a.m. (8511 Deervale Rd, Dublin). You will get your 1st card at the start. Then we ride down the Blvd to Walnut Creek, over the Bears (via Reliez Valley Road), head back into Moraga, Redwood, Castro Valley and back over the Dublin Grade to the start. You will receive 3 cards along the route and get your last card at the finish. There will be a prize for the best hand.

Contact: Stephanie DiPalma at 925-335-9353 or Stephaniedipalma@comcast.net or Cheryl Hopkins at 510-701-9034
gchopkins@comcast.net

Thursday, August 26 2/L-S/12

Cull Canyon Training Ride

Meet at Cull Canyon Park Parking lot at 5:45 P.M. Ride starts promptly at 6:00 P.M. This is a mid-week training ride. You can take it easy or work hard. It is an out and back ride so you can't get lost. There is the potential to perfect your pacelining skills on the way back.

Contact: Eva Fallis 510-881-6640 or emfallis82@yahoo.com

Thursday, September 2 2/L-S/12

Cull Canyon Training Ride

Meet at Cull Canyon Park Parking lot at 5:45 P.M. Ride starts promptly at 6:00 P.M. This is a mid-week training ride. You can take it easy or work hard. It is an out and back ride so you can't get lost. There is the potential to perfect your pacelining skills on the way back.

Contact: Eva Fallis 510-881-6640 or emfallis82@yahoo.com